

Built on Faith, Knowledge, Respect

## SCHOOL NEWSLETTER

**Term 2 Week 10 2024**

**Thursday 4<sup>th</sup> July**

Rosary Park Catholic School

Station Street, Branxton NSW 2335

P: (02) 4938 1541 E: [admin@branxton.catholic.edu.au](mailto:admin@branxton.catholic.edu.au)

Website: [www.branxton.catholic.edu.au](http://www.branxton.catholic.edu.au)

*We acknowledge the Wonnarua people-the first custodians of this land*

*The Catholic Diocese of Maitland-Newcastle has an abiding commitment to promote the safety, welfare and wellbeing of children and vulnerable adults - particularly those who participate in the life of the Diocese. All employees are required to undergo a National Police Check and, where legislated, hold a Working with Children Check. Diocesan workers are expected to personally adopt and enact the Diocese's Safeguarding Commitment Statement.*

### IMPORTANT DATES

**Weekly Mass Times: 6pm Saturday Branxton; 8am Sunday Greta**

JULY		JULY	
Fri 5 <sup>th</sup>	LAST DAY OF TERM 2 – Pyjama Day	Mon 29 <sup>th</sup>	Years 5 & 6 talk on Respectful Relationships
Mon 22 <sup>nd</sup>	FIRST DAY OF TERM 3	Tue 30 <sup>th</sup> – Thu 1 <sup>st</sup>	Year 6 Canberra Excursion Ms Stanbridge attending
Mon 22 <sup>nd</sup> – Fri 26 <sup>th</sup>	NAIDOC WEEK	<b>AUGUST</b>	
Wed 24 <sup>th</sup>	Parent presentation: Respectful relationships. ALL parents welcome to attend. St Catherine's Singleton 6-7:30pm	Thu 1 <sup>st</sup>	Year 5 to ASPIRE
Thu 25 <sup>th</sup>	Grandparents Day – Liturgy at 12:30pm	Fri 2 <sup>nd</sup>	Year 2 Excursion – rescheduled date
Thu 25 <sup>th</sup>	Parent presentation: Respectful relationships. ALL parents welcome to attend. St Joseph's Lochinvar 6-7:30pm	Wed 7 <sup>th</sup>	Diocesan Athletics Carnival - Glendale
Fri 26 <sup>th</sup>	Indigenous Jersey Day (Or wear your favourite jersey if you don't have one)	Thu 15 <sup>th</sup>	Year 4 excursion to Sydney
Mon 29 <sup>th</sup>	Newcastle Permanent Maths Competition	Fri 30 <sup>th</sup>	Father's Day afternoon – 12:30 sausage sizzle and games

## Principal's Message

After Jesus finished teaching the crowd, the people were very hungry. The disciples came to Jesus - they had only five loaves and two fish and there were more than 5000 people. Jesus took the loaves and fish, said the blessing and gave them to the disciples for the people. They all ate their fill and there were twelve baskets of scraps left over.

**Lord Jesus, you are the living bread from heaven.**

**May we live forever with you. Amen**

Dear Parents/Carers

As Term 2 draws to a close, I want to thank you all again sincerely for your support of our children and us as a school staff.

I also wish to thank my staff for their hard work and dedication to our children. It is not just the day to day running of school, programming and lesson preparation but all the extras like Athletics Carnivals and school camps that take so much time out of school hours, but that they undertake so willingly for the best outcomes for our children.

As was communicated last week at the end of 2024, I will leave Rosary Park to take up a new role as Principal at St Therese's Primary School New Lambton. I look forward to working with our children and their families for the remainder of 2024!

### **Student led Conferences.**

These were undertaken this week at Rosary Park and from the staff and parent feedback I have so far received, these were a very positive experience. These conferences are a natural extension of what we already do in class, giving our children voice and autonomy as learners so that they can set their goals, reflect, and work on these to improve as individuals. Any further constructive feedback you have is welcomed.

### **Year 5-6 student talk: Respectful Relationships**

Rosary Park is pleased to announce that speakers Melinda Tankard Reist and Dr Marshall Ballantine-Jones will be presenting to our Year 5 and Year 6 students on Monday 29 July 2024. These age-appropriate sessions will focus on respectful relationships.

Melinda is an author, speaker, media commentator, blogger and advocate for women and girls. She is best known for her work addressing sexualisation, objectification, harms of pornography and violence.

Marshall specialises in online sexualisation education, bringing over 25 years of experience working with children, youth, and families. The student session will be tailored to a primary school context.

These student sessions are in addition to the invitation to parents and carers in our recent Compass notification, hosted by St Joseph's Lochinvar.

Increasingly schools across Australia are seeing challenges that can stem from students navigating an online world that is ever evolving. We recognise educating our students in this space is a shared responsibility alongside parents and carers and are pleased to take a proactive

approach and discuss these broad topics with our Year 5 and 6 students in an age-appropriate way.

Melinda and Marshall deliver factual and powerful messages. We understand that, for some, this content may be confronting. As a result, parents and carers can have their child opt out of this presentation.

If you would like to opt your child out of either of these presentations or discuss how these sessions might relate for your child, please contact Sallyanne Stanbridge.

*ALL parents are invited to a talk by these speakers at St Joesph's Lochinvar on Thursday 29 July at 6pm.*

*Or to the same event at St Catherine's Singleton on Wednesday 24 July at 6pm.*

More information is attached to this newsletter and please RSVP here: [Melinda Tankard Reist parent event RSVP - LOCHINVAR OR Melinda Tankard Reist parent event SINGLETON](#).

### **Students' arrival at school**

We have once again, several children arriving at school well before our staff begin duty at 8:30am. Please be reminded that you are expected to use our St Nicholas OOSH service if you need to drop your child to school before 8:30am.

### **Term 3 Staffing**

Congratulations to Mrs Paige Pringle and her husband Corey on the birth of their daughter Matilda. All are doing well.

Ms Victoria Prosser will continue her leave in term 3, and Mr Heath Turner (Mon-Thur) and Mrs Lauren Wicklein (Fridays) will continue teaching 4 White.

Mrs Tiffany Nolan will return from maternity leave to the Learning Support Teacher role every Monday and Tuesday (in addition to Mrs Nichola Ellis who continues full time in the role).

In term 3 Mr Joel Hartcher will PE RFF Mondays, Ms Katrina Easton will teach PE RFF Tuesdays and Mrs Jess Dougherty will teach PE RFF Wednesdays.

Mrs Phoebe Bridge will take over EALD teaching from Mrs Dixon for term 3.

### **Stage 4 Buildings**

We are very pleased to announce that our final round of building works is now complete, and our year 4 children are loving their new buildings! Last week on Compass we shared some photos with you.

### **Traffic Plan**

#### **Information for Parents/Caregivers**

I alert you to our Traffic Management plan. If you use the parent car pick up line, please familiarise yourself with these procedures so that everyone's safety is prioritized

This is our preferred method of pick up and we appreciate Parents/Caregivers choosing this option to minimise adults on site as well children and adults interacting with traffic.

Parents/Caregivers must display their surname on their vehicle's sunshade (NOT dash) so it is easily seen. Name tags are available upon request from the school office.

Vehicles queue from ten (10) minute zone to the southern side of the pedestrian crossing (right of the school). They are to wait there until directed by a Staff member (5 cars at a time) to move into the pick-up zone. Staff member will call the family name and students are placed in the vehicle

**– Note –**

A Staff member will place your child/ren in the vehicle on the kerb side (NOT roadside).

Parents/Caregivers are to REMAIN IN THEIR VEHICLE. Whilst a Staff member can assist a child with their belt it is appreciated that in order to ensure the swift and smooth running of this procedure, children are able to do this themselves.

- As car pulls up, staff member opens door and asks driver if car is in park or neutral and the handbrake is on.
- All communication is to be with the driver, NOT an adult passenger.
- Staff member guides child/ren into the car.
- Once the child is secured in the seat, step away and close the door.
- Do not reach into window to assist children, assistance must happen through an open door.
- Staff member must not step back to the car without asking the driver again if the car is in park or neutral and handbrake is on.

All five (5) cars leave this zone at THE SAME TIME before the next five cars are directed to the pick-up area.

If your family name starts with A-L please arrive at school at 3pm, M-Z names arrive at 3:10 pm. This will alternate each term to ensure fairness.

To ensure the smooth running of this procedure, do not arrive before your allocated time. We will have families at the start of the alphabet ready first. If you arrive too early, you will be asked to drive around the block, this will keep traffic flowing, also it causes too much confusion trying to locate children who are waiting inside the school.

Please understand that in wet weather this car pick-up procedure will take longer as we need to keep the Students under the COLA to remain dry. On these days, if you are in the second pick up group, please delay your arrival to school until 3:20pm.

Please be patient and aware that Staff members remain on duty until 3:30pm so delaying your arrival to school helps to ensure the smooth flow of traffic.

### **Casual Teachers**

Winter is a difficult time at school when both children and teachers are more susceptible to various illnesses. To compound this, across both Catholic and state schools in the Newcastle and Hunter regions there is a significant shortage in casual teachers. This term, there have been occasions where we have had to take teachers off their normal role of Aboriginal Education or EALD to cover a classroom teacher who is sick or one of the grade teachers has taken the entire class. There have also been times that we have had to split classes across the school. We acknowledge that this can be difficult for children, and this is always our last resort however unfortunately with limited human resources there are no alternatives. We thank our families for their understanding.

### **Anti-Bullying Handbook**

Rosary Park adopts the Catholic Schools Office Anti-bullying procedure (handbook) to investigate and deal with issues of bullying, and to address these in a timely and procedurally fair manner. This document is attached to the newsletter.

Whilst it is important to have processes in place to address these issues when and if they arise, I encourage families to look over this document to help to raise your awareness on the many proactive strategies we use and ways that we work to empower our children when social issues arise for them.

### **MAT program**

This term years 4-5-6 participated in this program. Next term years 1-2-3 will participate in the weekly program.

The program runs as weekly sessions over a term with a group of students and focuses on specific social and emotional skills (life skills), developing resilience and empowering students through fun and active lessons. It is a self defence program with a focus on social and emotional development.

### **Complaints and Grievances Resolution**

In line with the Catholic Schools Office, Rosary Park has an agreed process for positively resolving concerns in our school community. Emailing the school is acceptable however do not expect an immediate response as this may not lead to the best outcome for all concerned as we need time to gather data etc. We would like to offer the following process for any concern you may have.

- Do you have a concern?
- Contact the office to arrange an appointment to meet with your child's classroom teacher
- Meet with your child's classroom teacher to air your concern allowing for open and honest discussion in a positive manner.
- If your concern is still not resolved to a mutual agreement you are to contact the Assistant Principal, Janelle Dixon
- If your concern is still not resolved to a mutual agreement you are to contact the Principal, Sallyanne Stanbridge.

We ask you give us a reasonable timeframe to address your concern, attempt to come to a mutual resolution and work in partnership with us for the good of your child. It may be difficult to find a hard and fast resolution; however, we are very open to working with you for the wellbeing of your child.

### ***For your child:***

Your child can discuss any of their issues with their classroom teacher, Janelle Dixon or Sallyanne Stanbridge. We are here to help and promote a positive schooling experience, however, if we are unaware of any issues, we cannot deal with them. Therefore, the first step for your child is to **tell a teacher!**

### **Mercy caring Group**

Rosary Park has a Mercy Caring Group to assist families in need. This is following in the footsteps of the founders of our school, the sisters of Mercy, who offered hospitality, food and shelter for those in need.

If you would like to be on the caring group roster, please forward your contact details to [admin@branxton.catholic.edu.au](mailto:admin@branxton.catholic.edu.au), you may like to offer to cook, provide a lift to and from school, take children to sport etc. Any family that needs the services provided by our Caring Group (or

know a family that needs assistance), can contact Sallyanne Stanbridge directly, and all requests remain confidential.

The Caring Group is then given information about what a family might need to assist e.g., cooked meals, with the school then informing the Caring Group what assistance is required and for the length of time. If you or members of your family are experiencing any difficulties, please contact me, so that we can help you.

Thank you so very much for your support this term.

Enjoy a restful break.

Kind regards, Sallyanne Stanbridge (Principal)

## Assistant Principal's Message

### PB4L

Rosary Park is a PB4L school which means we have a focus on the promotion of positive behaviours.

As we come to the end of Term 2 we celebrate the positive relationships built and learning progress made by students and teachers during the first half of the year. Students have been awarded merit certificates, mercy awards, principal awards and gotchas for displaying positive behaviours. Each class has celebrated their successes in varying ways during our last week of school.

As a PB4L school we focus on just 3 school rules:

I am safe

I am respectful

I am an active learner

Under each of these rules we have behaviour focuses. These are specific areas to help children understand what is expected when following that rule. Our behaviour expectations are linked with our mercy values. Our rules and behaviour expectations are displayed in a poster with our mercy values highlighted in bold.

**AS DISCIPLES  
OF JESUS, WE  
SERVE OTHERS  
WHEN WE  
MAKE GOOD  
CHOICES**



**ROSARY PARK  
CATHOLIC SCHOOL BRANTFORD**

### I am safe



I have **respect** and use my equipment correctly  
I am **compassionate** and use caring hands and words  
I show **courage** when I stay in a safe place  
I am **respectful** of myself when I am sun safe

*"The Lord is like a strong tower. Those who do what is right can run to him for safety." Proverbs 18:10*

### I am respectful

I am **courageous** and show **compassion** when I use kind words and actions  
I am of **service** to others by caring for my environment  
I am **just** and give everyone a fair go when playing  
I am **respectful** when I use my manners  
I am **hospitable** greeting and including others

*"Love your neighbour as you love yourself" Mark 12: 31*

### I am an active learner



I **serve** others by being prepared to learn and letting others learn  
I show **justice** when I let my friends work and keep on task  
I show **courage** when I persevere with tasks I find challenging  
I show **respect** when I am organised and ready to learn  
I display **justice** as an active listener

*"They found Jesus in the temple, sitting among the teachers, listening to them and asking them questions" Luke 2:46*

Each week we focus our attention on just one rule and behaviour expectation. The rule is presented to the school community by the PB4L team on Monday mornings. As a community we discuss what the expected behaviour will look like in different places around the school. When children return to class the rule and behaviour expectation, including the mercy value, are taught specifically and displayed in the classroom as the focus for the week. Teachers look for students displaying the focus behaviour throughout the week and award gotchas and weekly mercy and merit awards to these students, helping to reinforce these positive behaviours.

The focus rule and behaviour expectations are set for each 2 week period in a term. As a staff we continually reflect on current data and observations to revisit particular behaviour expectations when data shows the need. This is the reason for open weeks allowing for “alternate” focuses when required.

Our Semester 2 planned PB4L Scope and Sequence is attached below.



**Rosary Park Catholic School**  
**PBL and Mercy Value Scope and Sequence**  
**Semester 2 2024**

Term 1	School Rule	Behaviour Focus	Mercy Value
Week 1 and 2	I am Safe	I show courage when I stay in a safe place	Courage
Alternate 2			
Week 3 and 4	I am Respectful	I am hospitable greeting and including others *Racism Focus	Hospitality
Alternate 4			
Week 5 and 6	I am an Active Learner	I show courage when I persevere with challenging tasks	Courage
Alternate 6			
Week 7 and 8	I am an Active Learner	I serve others by being prepared to learn and letting others learn	Service
Alternate 8			
Week 9 and 10	I am Safe	I am compassionate and use caring hands and words	Compassion
Alternate 10			
Term 2	School Rule	Behaviour Focus	Mercy Value
Week 1 and 2	I am Respectful	I am just when I use my manners	Justice
Alternate 2			
Week 3 and 4	I am Safe	I have respect and use my equipment correctly	Respect
Alternate 4			
Week 5 and 6	I am an Active Learner	I display justice as an active listener	Justice
Alternate 6			
Week 7 and 8	I am an Active Learner	I show respect when I am organised and ready to learn	Respect
Alternate 8			
Week 9 and 10	I am Respectful	I am of service to others by respecting my environment	Service
Alternate 10			
Procedures			
Every <b>Monday</b> morning the PBL team will introduce the rule for the week during morning assembly. All staff take time to teach the rule in the classroom for 10 mins with a focus on the “Mercy language” and how the pillar fits. Mercy awards, with a focus on the Mercy Pillar, are given out at assembly along with class merit awards. Staff review behaviour data and choose possible alternate rules at the Monday morning meeting.			

You will also note that in week 3 and 4 we have our school rule and behaviour expectation with a focus on the specific teaching of what racism is, what it looks like and the reasons why it is unacceptable for any racial behaviours to be displayed at Rosary Park.

As a school community, Rosary Park does not accept this kind of behaviour. Any comment made to make fun of a person's appearance, cultural background, customs, beliefs or ethnicity is inappropriate and unacceptable.

We have adopted a number of strategies to eliminate these incidents at our school. A main focus will be on educating children about racism in age-appropriate ways through structured lessons designed to help them identify racism, learn and understand the law, research events in history, empower them to take an active stand against it and to report incidents to trusted adults. The resources used come from the Australian Government and Department of Education resource pack "Racism-No Way". The main aim of the lessons is to build an understanding of what racism is and encourage children to speak up against it. The Australian Human Rights Commission campaign slogan "It stops with me," shows children they have the power to make a stand on such behaviours in their community, whether they are a victim or a bystander.

**Racism No Way**  
Anti-racism education for Australian schools



More information can be found at <https://racismnoway.com.au/>

### Child Protection and Safety lessons

During the last week of term at Rosary Park teachers take the time to revisit safety and child protection messages for our children. There are a number of ways a teacher might do this in a classroom, depending on the age and specific needs of the cohort of children. Children are encouraged to identify their "**Hand of Support**" which gets children to name 5 (one for each finger) safe people they can speak to at home if there is anything making them feel uncomfortable or unsafe. Children regularly identify parents, extended family members, family friends or even neighbours. It is a good idea to regularly discuss these "safe people" with your child. Some classes may read the book titled "My Underpants Rule" giving children the strong message that they are the boss of their underwear.

**Kids Helpline** is an amazing resource for children who may be experiencing strong emotions, anxiousness or difficulties in relationships. Kids helpline online is a safe space for children to get factual information or answers to questions they may have. There are videos and articles that children and families may find helpful in navigating challenging situations or behaviours. They have designated pages for kids, teens, young adults, parents and schools.

Check out Kids Helpline here- <https://kidshelpline.com.au/>

Holidays are a time for many children to be out and about in the community, walking or riding with family and friends. We also revisit **road, pedestrian and bike safety** in the last week of school. Revising these messages is essential to ensuring our children are best equipped for holiday time.



If you would like to revisit some road safety messages with your child/children you can find good resources here- <https://www.safetytown.com.au/>

If you have any questions about our child protection or road safety lessons, please contact me at school.

Wishing everyone a restful, safe and enjoyable holiday time and I look forward to continuing to work with you all in the second half of the year.

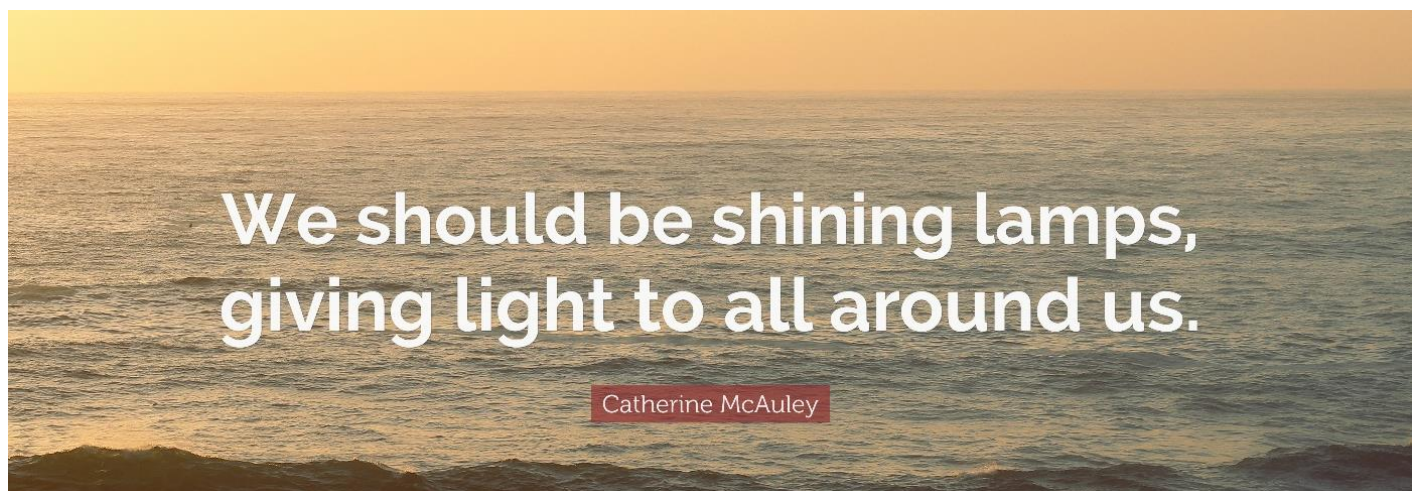
Warm Regards,  
Janelle Dixon  
Assistant Principal

## Religious Education Coordinator's Message

Rosary Park is founded on the Mercy tradition. We draw inspiration from Catherine McAuley, who founded the sisters of Mercy in Ireland in 1831. Catherine recognised the needs of those who were marginalised and oppressed by unjust social attitudes and practices of the day. She responded by establishing a House of Mercy in Dublin which provided educational, religious and social services for women and children who were at risk of homelessness through exploitation and entrenched poverty.

We look to Catherine McAuley as a role model, a sign of hope and of courage.

*How can we show Mercy towards others in our everyday lives?*



### **Parish Mass Term 3**

We are excited to announce that next term, we will recommence attending Mass at our local church on Thursdays. Each grade will have the opportunity to attend once during the term. Mass will begin at 9:15 AM, and we warmly welcome all parents and guardians to join us for these special occasions. The following grades will attend on the following dates:

**Thursday 15th August Week 4** Kinder and Year 6

**Thursday 12th September Week 8** Year 1, 3, 5

**Thursday 19th September Week 9** Year 2 and Year 4

## **Grandparent's Day**

**Thursday 25th July** will mark our celebration of the Feast Day of Saint's Anne and Joachim, and all our grandparents and elderly friends. Kindergarten will host a liturgy from 12:30. This will be followed by open classrooms and shared afternoon tea for students and their visitors. We look forward to seeing you there.



May God Bless you,  
Mackenzie Gageler  
REC

## Aboriginal Education

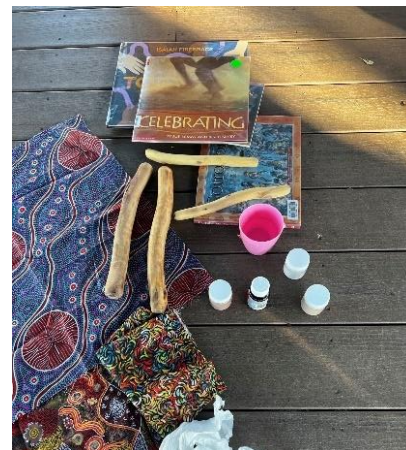
Kindergarten enjoyed a PDH lesson, focussing on traditional ways that Aboriginal people looked after their bodies.

*Saltbush* – used for flavouring food

*Lilly Pilly* – good for immune health, hair and skin and also an enjoyable sour



Year 1 learnt about traditional celebrations and compared celebrations from their own cultures to those of the Aboriginal and Torres Strait Islander peoples.



## Sean Choolburra

On Friday 28<sup>th</sup> of June we enjoyed a visit by Aboriginal performer Sean Choolburra. Sean's ancestors are Gu-Gu-Yalanji, Kalkadoon, Kandju and Bwgcolman from around Townsville and Palm Island. He blended traditional dance, didgeridoo, story, knowledge and humour and captivated and engaged us all!





We will Celebrate NAIDOC Week in Week 1 of Term 3. Indigenous Jersey Day will be on Friday 26<sup>th</sup> of July. Students will engage in traditional games throughout the week in their allocated sport time. For a list of Events occurring in our local area during NAIDOC Week, please visit [NAIDOC Week 2024 Cessnock City Council \(nsw.gov.au\)](https://www.nsw.gov.au/naidoc-week-2024)



**KEEP THE FIRE BURNING!  
BLAK, LOUD AND PROUD**  
7-14 JULY 2024

## Sports News

On Tuesday July 2<sup>nd</sup>, 41 children represented Rosary Park at the Regional Athletics Carnival. They battled the rainy, windy and cold conditions and produced excellent results across the track and field events. A big thank you to Mrs Parkes and Miss Groves who also attended the day. Congratulations to the students who have made it through to the Diocesan Athletics Carnival which will be held on 7<sup>th</sup> August at Glendale.

Grace Dever  
Sports Coordinator



## Weekly Awards

Congratulations to those children who have received awards this past fortnight.

Week ending 21st June 2024 (Week 8)

<b>Class</b>	<b>Class Award One</b>	<b>Class Award Two</b>	<b>MJR Award</b>
<b>Kinder Blue</b>	Ava S	Bruno BR	Noah W
<b>Kinder White</b>	Tate K	Scott N	Archie A
<b>Year 1 Blue</b>	Bonnie D	Bradley S	An N
<b>Year 1 White</b>			
<b>Year 2 Blue</b>	Lauren M	Llelyton L	Matilda B
<b>Year 2 White</b>	Callum F	Leo B	Vinnie L
<b>Year 3 Blue</b>	Mackenzie H	Baxter A	Sofia P
<b>Year 3 White</b>	Brailyn L	Zoe H	Imogen M
<b>Year 4 Blue</b>	Jaiden X	Leah W	Jaxon B
<b>Year 4 White</b>	Levi C	Fletcher B	Hugo S
<b>Year 5 Blue</b>	Lilly S	Cooper C	Cruz G
<b>Year 5 White</b>	Neveah D	Mia W	James D
<b>Year 6 Blue</b>	Riley M	Hunter G	Marley G
<b>Year 6 White</b>	Nicholas L	Sam R	Sharni L

Week ending 28<sup>th</sup> June 2024 (Week 9)

<b>Class</b>	<b>Class Award One</b>	<b>Class Award Two</b>	<b>MJR Award</b>
<b>Kinder Blue</b>	Daytona A	Dustin P	Noah W
<b>Kinder White</b>	Lewis S	Zoe M	Indy H
<b>Year 1 Blue</b>	Connor T	Teren G	Indy M
<b>Year 1 White</b>			
<b>Year 2 Blue</b>			
<b>Year 2 White</b>	Charlie D		
<b>Year 3 Blue</b>	Annabelle L	Addison B	Layla M
<b>Year 3 White</b>	Cooper S	Jayden M	Holly N
<b>Year 4 Blue</b>	Lachlan B	Amarlie K	Sasha A
<b>Year 4 White</b>	Tao D	Paige L	Ella Y
<b>Year 5 Blue</b>	Lola M	Charlotte P	Darby T
<b>Year 5 White</b>	Ruby N	Jesse C	Hudson C
<b>Year 6 Blue</b>	Hudson R	Cameron D	Joe M
<b>Year 6 White</b>	Sharni L	Brooklyn J	Harry W

## **Principal's Awards:**

Isabelle S, Emily S, Brooke H, Hendrix B, Brooklyn Y, Sienna M, Luke H, Henry C. , Isla C, Aden P, Ally C, Hudson W, Jenson F, Holly N, Amelia H, Allie D, Reeve W, Eyden G, Samuel D, Lleyton L, Charlize L, Myla W, Ellesse S, Noah L, Sophie C, Jack C., Noah R, Eli B, Lachlan B, Minh B, Jaxon C, Liam D, Emily R, Alexis I, Matilda C, Olivia D, Hunter B, Matilda M, Addison R, Harrison A-L, Hunter A-L, Leah W, Anderson P, Noah W, Angus W, Alfie W, Ellie Y, Jaiden X, Ava S, Bryce B, Lily S, Boston B, Claire D, Bruno B, Angus M,

THURSDAY 25 JULY 2024

# Navigating a sexed-up world:

How can we help our young people resist harmful messages from media and pop culture and aspire to respectful relationships.

## Join us to hear from guest speaker MELINDA TANKARD REIST

Parents and caregivers around the country are noticing children seem to be growing up too fast, worried about their appearance and more aware of sexual issues at earlier ages.

Children and young people are bombarded with hypersexualised messages from media and popular culture. The lives of young people are increasingly socialised, conditioned and informed by exposure to online content before their first kiss.

Melinda will help parents address this toxic culture and provide practical tips on raising happy, healthy and resilient young people who value their dignity and self-worth and aspire to relationships based on respect and authentic connection.

Drawing from current global literature and the experiences of young people, Melinda will explore how the proliferation of sexualised images and messages contributes to a distorted view of bodies, relationships and sexuality, hampering their healthy physical, emotional and social development.

Melinda is an author, speaker, media commentator, and advocate for young people.

*Read more about Melinda Tankard Reist here.*



**DATE** Thursday 25 July 2024  
**TIME** 6pm to 7.30pm  
**VENUE** St Joseph's Catholic College  
Lochinvar, School Hall  
898 New England Hwy, Lochinvar  
*Supper will be provided.*

RSVP



[mn.shor.tn/ReistLochinvar](https://mn.shor.tn/ReistLochinvar)





**HUNTLEE**  
• TAVERN •



**FREE  
ENTRY**



**8 - 19 JULY**



**SCHOOL  
HOLIDAY  
ACTIVITIES**



**12PM TO 2PM**



**ACTIVITIES**



**MONDAY 8 - POPCORN & MOVIES**



**TUESDAY 9 - PIKELET DECORATING**



**WEDNESDAY 10 - KIDS PAPER PLANES**



**THURSDAY 11 - KIDS BINGO**



**FRIDAY 12 - KIDS DISCO**



**MONDAY 15 - KIDS TALENT NIGHT FROM 7PM**



**TUESDAY 16 - KIDS BINGO**



**WEDNESDAY 17 - COLOURING & POPCORN**



**THURSDAY 18 - KIDS STORYTIME**



**FRIDAY 19 - KIDS DISCO**



**BOOK YOUR TABLE NOW**  
**WWW.HUNTLEETAVERN.COM.AU**



HUNTLEE  
• TAVERN •

KIDS

TALENT

Night



**MONDAY 15TH JULY FROM 7PM**

We are looking for talented youngster singers and musicians. Have you own band? We want to hear from you. Open to everyone under 18.

Send your audition tapes to [info@huntleetaVERN.com.au](mailto:info@huntleetaVERN.com.au)

HUNTLEE  
• TAVERN •

[www.huntleetaVERN.com.com](http://www.huntleetaVERN.com.com)

# IMAGINE THE FUN



## FREE School Holiday Programs

Mon 8 July

RUTHERFORD PUBLIC SCHOOL

Fri 12 July

BOLWARRA PUBLIC SCHOOL

Thu 18 July

EAST MAITLAND PUBLIC SCHOOL



CRICKET NSW

TO REGISTER, SCAN THE QR CODE OR GO TO:

<https://www.playhq.com/cricket-australia/register/3d094d>

Enquiries: Email [Tighan.Tosen@cricketnsw.com.au](mailto:Tighan.Tosen@cricketnsw.com.au)



CHOOSE YOUR

# FOOTY ADVENTURE

## Hunter Holiday Program



PLAY

**Ages: 5-7**

When: 10th July

Time: 9am - 3pm

Location: Rose Point Park,  
Singleton

Cost: \$50

Registration includes a  
FOOTY!



**Register HERE**



**Ages: 8-12**

When: 10th July

Time: 9am - 3pm

Location: Rose Point Park,  
Singleton

Cost: \$50

Registration includes a  
FOOTY!



**Register HERE**

**VISIT PLAY.AFL**

# Nutrition Snippet

## WINTER WARMERS

Soups and curries are a great way to eat more veg!



### Try these recipes

- [Red lentil soup](#)
- [Sweet potato and lentil curry](#)
- [Vegie pasta soup](#)

For these recipes and more visit:

[healthylunchbox.com.au](http://healthylunchbox.com.au)



**Cancer Council**  
Healthy Lunch Box

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